

Saké Alassan Khadidjatou, MD

Trainee Testimonial Benin

I am Doctor *Saké Alassan Khadidjatou* from Benin, a country located in West Africa. After obtaining my state doctorate in general medicine in Benin, I followed a long-term program in gastroenterology in Rabat, Morocco for four years. This training took place mainly at the Training Center of the World Gastroenterology Organisation (WGO) in Rabat and at the University Hospital Center Ibn Sina-Rabat in Professor Naima Amrani's department of Hepato-Gastroenterology.

This training was very beneficial for several reasons:

- Theoretical courses are supervised by senior staff.
- Once a year, international experts give theoretical and practical courses at the WGO center in Rabat which allows a regular update in hepatology and gastroenterology.
- An initiation to the digestive endoscopy is made on mannequins and animal models under the supervision of seniors. Then digestive endoscopies are performed at the hospital on patients with a companionship system.
- In addition, to digestive endoscopy and abdominal ultrasound, other digestive explorations, rare or even exceptional in Morocco then, were available: video capsule endoscopy, liver stiffness measurement, esophageal and anorectal manometry, pH-metrics, endosonography and ERCP.
- With the help of the WGO Training Center in Rabat, I benefited from a month-long internship in a digestive endoscopy center in Fukuoka, Japan.

Thanks to this, I was able to benefit from a complete training in gastroenterology and the WGO Training Center in Rabat helped train the first female gastroenterologist in Benin, when it counted only six specialists in gastroenterology.

After obtaining my specialist's degree in gastroenterology in 2012, I returned to my country of origin where I am helping to take care of patients suffering from digestive disorders. A problem I am currently facing is the lack of the technical platform which is not allowing me to practice everything that I learned in Rabat.

Finally, I would like that this training of young doctors from sub-Saharan Africa by the WGO continues. It is in the best interest of this population.