

# DIET AND THE GUT

WDHD - May 29<sup>th</sup> 2016  
World Digestive Health Day



## WORLD DIGESTIVE HEALTH DAY 2016

### *Your Diet and Gut Health*

#### Seeking To...

- Raise awareness of the relationship between what we eat and gastrointestinal symptoms by providing a broad overview on this common association.
- Provide gastroenterologists, and their patients and the lay public with an understanding of the latest basic and clinical research in the role of food in our gut.
- Encourage dialogue on your diet and gut health and other commonly related conditions.
- Uncover ways to manage and promote optimal gut health.
- Translate research into clinical practice and facilitate communication between healthcare providers, healthcare payers and the public.
- Ensure that patients receive appropriate dietary and lifestyle advice as well as diagnosis and treatment, relevant to their condition.

*Let's Work Together to Achieve These Goals for WDHD 2016.  
Partner with WGO Today!*

TAKE ACTION AND CELEBRATE: PLAN YOUR 2016 WDHD EVENT TODAY!  
[www.worldgastroenterology.org/wgo-foundation/wdhd/wdhd-2016](http://www.worldgastroenterology.org/wgo-foundation/wdhd/wdhd-2016)

### World Gastroenterology Organisation (WGO) WGO Foundation (WGO-F)

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