

# TRAINING CENTER

## Spotlight



### Cairo Training Center

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Since establishment of CTC in 2004, CTC philosophy is genuinely “patient oriented”. CTC mission was to provide patients from Africa with better standard of medical care and to improve their quality of life. CTC vision was to establish training for doctors from African countries in the field of gastroenterology, hepatology, and endoscopy on three levels.

First level was bringing doctors to CTC, train them, and help them to implement what they had learned in their countries by delivering the healthcare service to their patients. Second level was to “train the trainers” through a new policy of going to trainees at their home countries for observation and training. CTC faculty went to Ethiopia, Kenya, Uganda, Tanzania, and Sudan. Third level was establishing endoscopy units in countries of high need for this service. In 2011, CTC establish two endoscopy units in Addis Ababa and Bahir Dar, ERCP unit in Addis Ababa, and donation of endoscopy units to Cameroon and Kenya. All the three levels were supported by the Egyptian Ministry of Foreign Affairs which help CTC to be continued with Training Programs and reached to more doctors in the African countries

Over the last 16 years, impact of CTC in Africa became a real success story! 21 training courses for 350 physicians from Algeria, Cameroon, Chad, Congo, Cote D'Ivoire, Djibouti, Egypt, Ethiopia, Ghana, Kenya, Libya, Mauritania, Morocco, Nigeria, Rwanda, Senegal, Somalia, South Africa, South Sudan, Sudan, Tanzania, Tunisia, Uganda and Zambia!!



The courses covered: up to date lectures in gastroenterology, hepatology, and endoscopy; disinfection; evidence-based medicine; anesthesia in endoscopy; medico-legal aspects; basic life support and soft skills (team management, leadership, doctor-patient relationship, etc...) Hands-on training is a major component of CTC courses with both plastic and biologic models. Escalating hands on endoscopy training from basic upper and lower endoscopy and ultrasonography to reach advanced therapeutic endoscopy, ERCP and EUS. Live demo on real cases is a cornerstone. Cooperation between CTC, Egyptian faculty from different universities and ASGE during “The Ambassador Program” in 2010 enforced the training.

Building bridges of communication and strengthening bonds between CTC and candidates continued, at 5<sup>th</sup> January, 2020 we have signed official Protocol between The Arab Fund for Technical Assistance to African Countries - League of Arab State (AFTAAC) and Cairo Training Center to do three training courses in three different African countries in February, May, and September.

Then due to the Current circumstances about the COVID-19 pandemic, we had to delay the full course.

However, we tried to still in contact with doctors in the most African countries by the wave of five webinars (Lectures and Live Cases) one for all Africa, Nigeria, Uganda, Tanzania, and Kenya with 282 total attendees.

Over the years, doctors trained in CTC helped decreasing mortality and morbidity rates and increasing quality of the healthcare service in their countries. Success stories were also witnessed for some trainees who became trainers and directors of their departments and endoscopy units.



“My clinic skills, knowledge, and endoscopic skills, which I acquired from training CTC made me self- confident, very strong professionally and contributes to benefit of our people of South Sudan” ~ **Anyak Deng, South Sudan**

“Since taking part in the CTC training, I operationalize the GI endoscopy service in 2014 to serve a catchment of over 11 million. We have conducted about 7000 diagnostic EGDs and trained over 8 other endoscopists, 4 of whom have attended in person training at CTC. Without CTC, these achievements would not be possible. Thank you, CTC.” ~ **Samson Okello, Uganda**

“The Egyptian experience was wonderful, and I gained more knowledge and skills in GIT. We have challenges in the third world but there is much scope for improvement” ~ **Linda Gathara, Kenya**

“I was one of the trainees to be mentored by Professor Ibrahim Mostafa since 2010 at CTC. I was able to establish the first endoscopy center in my city through the assistance of Ibrahim Mostafa and was able to perform more than ten thousand of diagnostics and therapeutic endoscopies. Upper GI bleeding was the entry point for my career as it is epidemiologically important in my place. The training I got saved so many lives and am grateful on behalf of them.” ~ **Dessalegne Nigatu Achenef, Ethiopia**

