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WGO Nairobi Training Center, located at the Kenyatta National Hospital, held its 2nd Endoscopic Ultrasound training workshop on 6th-7th February 2020. In attendance were 15 participants and two faculty members, Dr. Ankit Dalal and Prof. Elly O. Ogutu, Director of the WGO Nairobi Training Center. The training was on basic EUS & FNA/FNB with lectures given every day from 8 am–10 am and Hands on Training from 10 am-8 pm. The trainees were both gastroenterologists and surgical gastroenterologists, and all were very happy with the training and were greatly satisfied.

Pictured above: Top row, left: EUS/FNB Lecture, top row, right: hands on EUS training and bottom row, left:EUS hands on training, bottom row right: Dr. Ankit Dalal, Dr. Betty Musau and Prof. Elly Ogutu
Prof. Lars Aabakken and Dr. Purmina Bhat visited the Unit later in February for three days and provided hands on training on both upper and lower GI endoscopies to the trainees. There were morning lectures and research issues were discussed at great length.

Pictured above: Left: Prof. Lars Aabakken and right: Dr. Purmina Bhat

In the beginning of March 2020, Prof. Mark Topazian and colleagues visited us and provided hands on training to the trainees. Daily and morning talks were given and teaching ward round was also conducted by the group.

Picture above is from the dinner held in Prof Mark Topazian and Ethiopian colleague’s visit. Also in the photo is Dr. Linda Gathara, Prof. Ogutu, and faculty members Drs. Onyango and Ngugi

There are currently five trainees at the Unit: three Internal Medicine Physicians, one Family Medicine Physician and one General Surgeon undertaking full Gastroenterology training. We have regular meetings and journal club presentations and are also involved in Liver clinic, General GI clinic & ward activities. We have endoscopy lists with our trainers from Monday to Friday. All trainees are also involved in research and protocols are presented by the physicians. The data collection is ongoing. The study titles include:

1. Endoscopic findings in patients with dyspepsia at a tertiary referral facility in Kenya.
2. GERD and its association with BMI in patients at the Kenyatta National Hospital.
3. Indication and endoscopic findings in pediatric gastrointestinal endoscopy at the Kenyatta National Hospital.
4. A prospective study on variceal bleeding at the Kenyatta National Hospital.
The surgeon, about to complete training has enjoyed the experience and is looking forward to joining the ERCP program later this year. The Family Physician who completed training in December 2019 is now working as a Clinical Endoscopist in Migori County Referral Hospital (Western Kenya).

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The WGO Nairobi Training Center/Gastroenterology Society of Kenya August 2020 Conference was postponed due to the COVID-19 pandemic. We are actively participating in virtual/webinar educational activities, organized by WGO Training Center and the Gastroenterology Society of Kenya.

*Picture above: Right: Kenyatta National Hospital and left: Dr. Linda Gathara and Dr. Kefa Otieno.*