

# Cairo Training Center - WGO Info Package

Location: Cairo, Egypt  
Center Director: Professor Ibrahim Mostafa

## **Introduction:**

The Cairo Training Centre (CTC) was established in March 2004 as an international non-governmental project in collaboration with the World Gastroenterology Organization (WGO).

## **Aims/Mission:**

The CTC mission is to develop mutual cooperation to train physicians and young doctors from countries in the Middle East and from English speaking African countries on the sciences and techniques of Gastroenterology and Hepatology through an international non-profit, long term program based in Egypt and subject to Egyptian laws and regulations.

## **Vision:**

The CTC vision is to extend and widen the training range through the region under the theme of "train the trainer"; the CTC started a new policy which is not only accepting trainees at the centre but also go to the trainees at their home country, establish endoscopy units, train the candidates responsible for managing it. This unit serves the country and acts as a local training centre for young physicians under the supervision of the CTC.

In 2011; the CTC succeeded in initiating collaboration with the Egyptian ministry of foreign affairs to establish an endoscopy unit in Ethiopia at St. Paula hospital, this unit consists of 2 full endoscopy units and 1 advanced ultrasound machine also the CTC will be responsible for the training part in the Ethiopian GI fellowship. In 2012; we visited Bahr Dar and offered an endoscopic unit there and gave 10 days training for the doctors in Ethiopia.

## **Facilities:**

The CTC is networking with most of endoscopy units of the Egyptian academic hospital and institutes

Equipment used in Training Course, provided annually, free of charge (Loan per training session):

- Pentax provides the endoscopes.
- Olympus provides endoscopes.
- COOK provides the accessories.
- Local Pharmaceutical companies provide all drugs used.
- Plastic simulators (upper, lower, stenting and ERCP).
- Biologic models for haemostasis, mucosectomy and banding).

## **Teaching Facilities:**

- A maximum of 15 trainees can able to participate per course.
- A total of 2 courses could be held at the Centre per year.
- Accommodation is available for 15 trainees.

## **Areas of Training:**

- Endoscopy  
Level I – Diagnostic Endoscopy  
Level II – Therapeutic Endoscopy  
Level III – Advanced Endoscopy
- Ultrasonography  
Level I – Diagnostic Ultrasonography  
Level II – Therapeutic Ultrasonography
- Evidence Based Medicine & Medical Ethics
- Hepatology and gastroenterology post graduate course

## **Courses Offered:**

2 Week Training Course for 15 trainees held annually.

2015 Course Dates: April and December 2015

2016 Course Dates: April and December 2016

## **Trainee Application Process:**

Trainees are selected according to applications and requests received from African countries and Arab countries (whether from individuals or societies or medical syndicates).

## **Summary about all last session including the ASGE ambassador:**

Total of 218 physicians were trained through 12 training courses over the last 10 years since the establishment of the Cairo Center for Training in 2004.

The Cairo Training Centre organized 3 training courses and trained 37 participants under the age of 40 years during 2010. The training courses emphasized on advanced training in ultrasound, colonoscopy.

Due to political situation in Egypt, no activities were carried on during 2011.

The Cairo Training Center trained 65 doctors during 2012 & 2013. In 2014, 28 doctors from Sudan, South Sudan, Ethiopia, Tanzania, Uganda and Kenya attended a one week full training course. The training courses included hands-on training on both diagnostic and therapeutic upper and lower endoscopies, as well as abdominal ultrasonography. Moreover, we provided gastroenterology and Hepatology lectures; gastroenterology and Hepatology post graduate course and live demo cases.

## **Endorsements:**

The World Gastroenterology Organization (WGO) endorses the Cairo Training Center.

The Cairo Training Center hosted the first American Society of Gastrointestinal Endoscopy (ASGE) ambassador program.

## **Funding / Sponsorship:**

Funding and sponsorship is currently received from the following sources:

- Ministry of foreign affairs.
- Local pharmaceutical companies
- *All Pentax, Olympus and Fujinon scopes; Covedien electrosurgical units; COOK and BOSTON accessories are provided free of charge*
- World Gastroenterology Organization (WGO)

## **Philanthropic Endeavors:**

The Cairo Training Centre philosophy is originally oriented to the patients themselves; how to give them the best offered care, how to improve their quality of life.

We chose to achieve our target by organizing training courses to train doctors from African developing countries and help them to implement what they had trained in their countries and deliver the healthcare service to their patients.

And that what happen in the last 9 years, the doctors trained at the Cairo Training Centre helped in decreasing the mortality and morbidity rates in their countries, in addition to increasing the quality of the health service rendered at their countries.

Our new aim is expanding service to African countries, delivering the service to their homes by establishing endoscopy centers and training, as we did in Addis Ababa, Bahr Dar and Cameron. Also, we are planning to do the same for Tanzania and South Sudan.

## **Site-Seeing Experiences**

Also, the Cairo Training Centre gives trainees an opportunity to have site-seeing experience within Cairo

- Pyramids of Giza and the Sphinx, the country's most famous tourist attraction.
- Egyptian Museum, the world's premier collection of ancient Egyptian artifacts.
- Citadel, in Islamic Cairo. A grand castle built by Salah Al-Din. Also parts of the water pipes (Majra Al-Oyouon) are still there. These pipes used to carry the water from the Nile River to the citadel.
- Al-Azhar Mosque. One of the pillars of Islamic thought and home to the world's oldest university.
- Ibn Tulun, close to Sayidna Zeinab. The oldest and most beautiful mosque in Cairo.
- The Coptic Museum, in Coptic Cairo.
- The "Hanging Church" (Church of the Virgin Mary), in Zabeleen Area (District of Manshiet Nasser) below Mokatam Hills, not far away from the Citadel.
- Cairo Tower (185 m./610 ft.) on Gezira Island offers a 360-view of Cairo, along with the Giza Pyramids off in the distance to the west.
- Sultan Hassan and El Rifae mosque, Near the Citadel and Ibn Tulun mosque. Al Sultan Hassan and El Rifae Mosque Near the Citadel and Ibn Tulun One of the most peaceful and quiet places in Cairo, considering the noise outside. The architecture of the place is amazing relative to the time they were built. Shah Iran is buried there!
- Bibliotheca Alexandrina (Library of Alexandria) in Alexandria City.
- Social gathering at my house in Cairo.